



per4mance SPORTS

The World's Leading Physical Performance Enhancement

The Therapy Bar

At SSWC

Would you like

Increased Strength
Better Mental Focus

Faster Recovery
More Energy

Why not try KORE Therapy?

**TOP 6
RUNNING
INJURIES
ACCORDING
TO
RUNNERS
WORLD.COM**



Injury getting in the way of training?

- **Knee pain?**
- **Calf pain?**
- **Achilles heel?**
- **Shin splints?**

Ask me how I can help!

Do you want to raise your game?

- **Improve your strength?**
- **Enhance your form?**
- **Better mental focus?**

Ask me how I can help!



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